

## **Small Group Study Guide**

# **one minute** *after you die*

**August 18, 2019**

### **OPENING PRAYER**

Heavenly Father, thank You that this life is not the end. Thank You for making a way for us, through Jesus, to spend an eternal life with You. Holy Spirit, reveal to us the ways we are living with a short-term perspective. We want to do Your will here while we're on earth. Teach us how to live with eternity in mind. In Jesus' name, amen.

### **SCRIPTURE: 2 Corinthians 5:1-4, 6, 8-10 NLT**

For we know that when this earthly tent we live in is taken down (that is, when we die and leave this earthly body), we will have a house in heaven, an eternal body made for us by God himself and not by human hands. We grow weary in our present bodies, and we long to put on our heavenly bodies like new clothing. For we will put on heavenly bodies; we will not be spirits without bodies. While we live in these earthly bodies, we groan and sigh, but it's not that we want to die and get rid of these bodies that clothe us. Rather, we want to put on our new bodies so that these dying bodies will be swallowed up by life. ...So we are always confident, even though we know that as long as we live in these bodies we are not at home with the Lord. ...Yes, we are fully confident, and we would rather be away from these earthly bodies, for then we will be at home with the Lord. So whether we are here in this body or away from this body, our goal is to please him. For we must all stand before Christ to be judged. We will each receive whatever we deserve for the good or evil we have done in this earthly body.



## **INTRODUCTION**

Knowing your forever can shape your today. The questions we have about life after death—Is there a heaven? Am I good enough? What if I'm not? — can leave us wondering. But that doesn't mean we have to live in fear. Our understanding of life after death could change everything. Three things that scripture says happen to us one minute after death. 1) Our physical bodies die. 2) Our soul separates from our bodies. 3) We will face judgment. As a result of what scripture tells us, what is one change you want to make to live with eternity in mind?

## **QUESTIONS**

- 1) What did you grow up believing about life after death? How has that belief changed over time?
- 2) What's something Pastor Eric said in his message that's influencing the way you think about life after death?
- 3) Why do you think it's so easy to live most of life ignoring what happens after we die?
- 4) What are some things you'd love to be known for when you meet Jesus in Heaven?
- 5) How do you already live like eternity matters? Are there any ways you're living like it doesn't?

## **FINAL APPLICATION**

What is one change you want to make to live with eternity in mind?