



SERMON NOTES

JONAH



Week 2 (June 14): “Jonah’s Prayer”
Jonah 2:1-10

I. Introduction/Review

- A. The Jonah was a _____ in the nation of Israel during the reign of Jeroboam II (793 B.C. – 753 B.C.).
- B. God speaks to us, and we can choose to _____ or disobey his commands.
- C. All sin against God is grounded in a refusal to believe that God is more dedicated to our _____, and more aware of what that is, than we are.

II. Lessons from the Life of Jonah – Chapter 2

- A. We can call on God and He will _____.
- B. God was actively _____, even though Jonah was still in pain.
- C. Don’t forget the “but, God” moments. Remember, all things are _____ with God.
- D. Jonah says “those who cling to worthless _____ turn away from God’s love.”
- E. Like Jonah, we need to _____ to the will of God.
- F. For it is by the _____ of God that we are saved.

Things I Would Like to Remember About This Message

ASBURY DAILY STUDY GUIDE

INTRODUCTION

Jonah was running from God when he found himself in the worst possible place – the belly of a large fish. After hitting rock bottom Jonah cries out to God in prayer. Do you regularly communicate with God or does it take hitting rock bottom to reach out to God? What can we learn about communicating with God from Jonah's prayer?

Monday: Luke 11:1-13

This week we looked at Jonah's prayer from inside the fish. In our scripture passage today, Jesus teaches his disciples about prayer. How would you describe your view of prayer? On a scale of 1-10, rate your prayer life. What would make your prayer life more meaningful?

Tuesday: Jonah 2:1-4

Jonah says "In my distress I called to the Lord." Jonah hit rock bottom before he cried out to God. On a scale of 1-10, what level of distress do you have to reach before you cry out to God? What do you think Jonah learned about God through his experience? What have you learned about God in times of distress?

Wednesday: Jonah 2:5-8

What are some worthless idols we can cling to instead of putting our hope in God? Describe some ways we forfeit the grace of God when we trust in idols? What idols do you need to give up? How is God currently pursuing you with His lovingkindness?

Thursday: Jonah 2:9-10

Salvation comes from the Lord!" In what ways do you think Jonah's deliverance by God changed him? Why do we often return to our old ways once the danger is past? Would you rather God save you from an outward circumstance or from an inward struggle with sin?

Friday: Jonah 2:1-10

Prayer should not be about getting God to do what we want. Instead, effective prayer is our coming into agreement with what He wants. How can we keep the focus of our prayers on God's will? What is your biggest prayer need?

MOVING FORWARD

Whether you are on top of the world, or whether you are in the depths of hell, when you call on the Lord, He will answer you. The answer may not be what you want, but he loves you and will answer you. Like Jonah, our first step back to God is to surrender to His will and obey. And like Jonah, we will find peace in our circumstances when we realize that it is by the Grace of God that we are saved.

Answers to the sermon notes: 1A) Prophet, B) obey, C) good, IIA) answer, B) working, IIC) possible, D) idols, E) surrender, F) grace