



**one minute**  
*after you die*

**August 18, 2019**  
**Sermon Notes**  
**“Life After Death”**  
**2 Corinthians 5:1-10**

**I. Introduction**

- A. What you believe about \_\_\_\_\_ determines how you live today.
- B. Whether we are here in this body or away from this body, our goal is to please \_\_\_\_\_.

**II. What happens after this life is done?**

- A. Our physical bodies \_\_\_\_\_.
- B. Our \_\_\_\_\_ separate from our physical bodies.
- C. We will all face \_\_\_\_\_.
  - 1) Great White Throne Judgment.
  - 2) Judgment seat of Christ.

**III. Application**

- A. Self-analysis question: Am I focused on the \_\_\_\_\_ of this world, or am I focused on the things that make a difference?
- B. We need to practice our \_\_\_\_\_ disciplines if we want to live a life that’s eternally focused.

**Things I would like to remember about this message:**

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## Asbury Daily Study Guide

Knowing your forever can shape your today. The questions we have about life after death—Is there a heaven? Am I good enough? What if I'm not? — can leave us wondering. But that doesn't mean we have to live in fear. Our understanding of life after death could change everything.

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### Monday: 2 Corinthians 5:1-10

In this passage of scripture, the Apostle Paul is telling the people in the church in Corinth about physical bodies and eternal glory. What does this scripture passage say about how we should live our lives?

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### Tuesday: Hebrews 9:27-28

People have many different beliefs regarding life after death. In Christianity, scripture passages like this one and several others remind us that immediately after death our physical bodies die, our soul separates from the body and we will face judgment. What did you grow up believing about life after death? Has it changed as an adult?

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### Wednesday: John 11:25-26

Many people avoid the topic of death and don't like to think about it. We don't have to avoid the topic of death because this scripture passage gives us hope. Because Jesus lives, we too shall live. Why do you think it's so easy to live most of life ignoring what happens after we die?

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### Thursday: 2 Corinthians 5:10

This verse is talking about the Judgment seat of Christ. It's very important to understand that the Judgment Seat of Christ is not a judgment for your sins. This is a judgment for those who are followers of Christ, your sins were judged and forgiven by Jesus. This is a place where if Jesus acknowledges us, what you did on earth is rewarded in heaven. What are some things you'd love to be known for when you meet Jesus in Heaven?

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### Friday: I Peter 1:17

In this passage, Peter is reminding us that this world is not our home. We are just passing through. This is just a short period of time in the eternal scheme of things. How do you already live like eternity matters? Are there any ways you're living like it doesn't?

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### MOVING FORWARD

Three things that scripture says happen to us one minute after death. 1) Our physical bodies die. 2) Our soul separates from our bodies. 3) We will face judgment. As a result of what scripture tells us, what is one change you want to make to live with eternity in mind?

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Answers to the sermon notes:

IA) eternity, B) Christ.

IIA) die, B) souls, C) judgment.

IIIA) pleasures, B) spiritual.